

DZIEWCZĘTA LEKKOATLETYCZNE TABELI PUNKTOWE

• Trójbój lekkoatletyczny • Czwórbój lekkoatletyczny • Lekkoatletyczna liga szkół gimnazjalnych

R - pomiar ręczny

Pkt								młodziczki		juniorki mł.												Pkt
	60 m	60 R	100 m	100R	300m	300R	600m	IOOpł (76,2 cm/8,20)	IOOpłR (76,2 cm/8,50)	IOOpł (76,2 cm)	IOOpłR (76,2 cm/8,50)	4x100	4xIOOR	skok wzwyż	skok w dal	kula (4 kg)	kula (3 kg)	dysk (1 kg)	oszczep (600 g)	piłka palant.		
200	7.38		11.97		40.35	40.1	1:32.11	14.25	14.0	14.25	14.0	47.14	46.9	1.79	5.93	14.03	14.37	43.18	47.96	77.0	200	
199	7.39		11.99		40.43	40.2	1:32.29	14.30		14.30		47.22	47.0	1.78	5.91	13.96	14.30	42.98	47.74	76.5	199	
198	7.40		12.01		40.50	40.3	1:32.48	14.34	14.1	14.34	14.1	47.31	47.1	1.77	5.90	13.89	14.23	42.76	47.52		198	
197	7.42		12.04	11.8	40.57		1:32.67	14.38		14.38		47.39	47.2		5.88	13.82	14.17	42.56	47.32	76.0	197	
196	7.43		12.06		40.64	40.4	1:32.86	14.42	14.2	14.42	14.2	47.48	47.3	1.76	5.87	13.76	14.10	42.36	47.10		196	
195	7.44	7.2	12.08		40.71	40.5	1:33.05	14.46		14.46		47.57			5.85	13.69	14.03	42.16	46.88	75.5	195	
194	7.46		12.10		40.78		1:33.24	14.50		14.50		47.65	47.4	1.75	5.84	13.62	13.96	41.96	46.66		194	
193	7.47		12.12		40.85	40.6	1:33.43	14.54	14.3	14.54	14.3	47.74	47.5		5.83	13.55	13.89	41.76	46.44	75.0	193	
192	7.48		12.14	11.9	40.92	40.7	1:33.62	14.59		14.59		47.83	47.6	1.74	5.81	13.48	13.82	41.56	46.22	74.5	192	
191	7.50		12.17		40.99	40.8	1:33.81	14.63	14.4	14.63	14.4	47.91	47.7		5.80	13.41	13.76	41.34	46.02		191	
190	7.51		12.19		41.06		1:34.00	14.67		14.67		48.00	47.8		5.78	13.35	13.69	41.14	45.80	74.0	190	
189	7.52		12.21		41.13	40.9	1:34.19	14.71		14.71		48.09	47.9	1.73	5.77	13.28	13.62	40.94	45.58		189	
188	7.54		12.23	12.0	41.20	41.0	1:34.39	14.75	14.5	14.75	14.5	48.18	48.0		5.76	13.21	13.55	40.74	45.36	73.5	188	
187	7.55	7.3	12.26		41.27		1:34.58	14.80		14.80		48.26		1.72	5.74	13.14	13.48	40.54	45.14		187	
186	7.56		12.28		41.34	41.1	1:34.77	14.84	14.6	14.84	14.6	48.35	48.1		5.73	13.07	13.41	40.34	44.92	73.0	186	
185	7.58		12.30		41.41	41.2	1:34.97	14.88		14.88		48.44	48.2	1.71	5.71	13.01	13.35	40.12	44.72	72.5	185	
184	7.59		12.32		41.48		1:35.17	14.92	14.7	14.92	14.7	48.53	48.3		5.70	12.94	13.28	39.92	44.50		184	
183	7.60		12.34	12.1	41.55	41.3	1:35.36	14.96		14.96		48.62	48.4	1.70	5.68	12.87	13.21	39.72	44.28	72.0	183	
182	7.62		12.37		41.63	41.4	1:35.56	15.01		15.01		48.71	48.5		5.67	12.80	13.14	39.52	44.06		182	
181	7.63		12.39		41.70	41.5	1:35.76	15.05	14.8	15.05	14.8	48.80	48.6	1.69	5.65	12.73	13.07	39.32	43.84	71.5	181	
180	7.64	7.4	12.41		41.77		1:35.95	15.09		15.09		48.89	48.7		5.64	12.66	13.01	39.12	43.62	71.0	180	
179	7.66		12.44	12.2	41.84	41.6	1:36.15	15.14	14.9	15.14	14.9	48.98	48.8	1.68	5.63	12.60	12.94	38.90	43.42		179	
178	7.67		12.46		41.92	41.7	1:36.35	15.18		15.18		49.07	48.9		5.61	12.53	12.87	38.70	43.20	70.5	178	
177	7.68		12.48		41.99	41.8	1:36.55	15.22	15.0	15.22	15.0	49.16		1.67	5.60	12.46	12.80	38.50	42.98		177	
176	7.70		12.50		42.06		1:36.75	15.27		15.27		49.25	49.0		5.58	12.39	12.73	38.30	42.76	70.0	176	
175	7.71		12.53		42.13	41.9	1:36.95	15.31		15.31		49.34	49.1		5.57	12.32	12.66	38.10	42.54	69.5	175	
174	7.73		12.55	12.3	42.21	42.0	1:37.16	15.35	15.1	15.35	15.1	49.43	49.2	1.66	5.55	12.25	12.60	37.90	42.32		174	
173	7.74	7.5	12.57		42.28	42.1	1:37.36	15.40		15.40		49.52	49.3		5.54	12.19	12.53	37.68	42.10	69.0	173	
172	7.76		12.60		42.36		1:37.56	15.44	15.2	15.44	15.2	49.61	49.4	1.65	5.52	12.12	12.46	37.48	41.90		172	
171	7.77		12.62		42.43	42.2	1:37.77	15.48		15.48		49.70	49.5		5.51	12.05	12.39	37.28	41.68	68.5	171	
170	7.79		12.64	12.4	42.50	42.3	1:37.97	15.53	15.3	15.53	15.3	49.80	49.6	1.64	5.49	11.98	12.32	37.08	41.46	68.0	170	
169	7.80		12.67		42.58	42.4	1:38.18	15.57		15.59		49.89	49.7		5.48	11.87	12.21	36.81	41.14		169	
168	7.82		12.70		42.66		1:38.46	15.62	15.4	15.65	15.4	49.98	49.8	1.63	5.47	11.77	12.10	36.54	40.82	67.5	168	
167	7.84	7.6	12.73	12.5	42.74	42.5	1:38.74	15.67		15.72	15.5	50.07	49.9		5.46	11.66	11.99	36.27	40.50		167	
166	7.86		12.76		42.82	42.6	1:38.98	15.72	15.5	15.78		50.17	50.0	1.62	5.45	11.55	11.88	36.00	40.18	67.0	166	
165	7.88		12.79		42.90	42.7	1:39.26	15.78		15.85	15.6	50.26			5.44	11.45	11.77	35.73	39.86		165	
164	7.90		12.82		42.98	42.8	1:39.54	15.84	15.6	15.91	15.7	50.35	50.1	1.61	5.43	11.34	11.66	35.46	39.54	66.5	164	

• Czwórbój lekkoatletyczny • Lekkoatletyczna liga szkół gimnazjalnych

Pkt								młodziczki	juniorki mł.												Pkt
	60 m	60 R	100 m	100R	300m	300R	600m	IOOpl (76,2 cm/8,20)	IOOpiR (76,2 cm/8,50)	IOOpl (76,2 cm)	IOOpiR (76,2 cm/8,50)	4x100	4xIOOR	skok wzwyż	skok w dal	kula (4 kg)	kula (3 kg)	dysk (1 kg)	oszczep (600 g)	piłka palant.	
163	7.92		12.85	12.6	43.06		1:39.82	15.90	15.7	15.97		50.45	50.2		5.42	11.23	11.55	35.19	39.22	66.0	163
162	7.94		12.88		43.14	42.9	1:40.10	15.96		16.03	15.8	50.54	50.3	1.60	5.41	11.13	11.44	34.92	38.90		162
161	7.95	7.7	12.90		43.23	43.0	1:40.38	16.02	15.8	16.09		50.64	50.4		5.39	11.02	11.33	34.65	38.58	65.5	161
160	7.96		12.92		43.32	43.1	1:40.66	16.08		16.15	15.9	50.73	50.5		5.38	10.91	11.22	34.38	38.26		160
159	7.98		12.94	12.7	43.41	43.2	1:40.94	16.14	15.9	16.21	16.0	50.83	50.6	1.59	5.36	10.81	11.11	34.11	37.94	65.0	159
158	7.99		12.97		43.50	43.3	1:41.22	16.19		16.27		50.92	50.7		5.34	10.70	11.00	33.84	37.62	64.5	158
157	8.00		13.00		43.59	43.4	1:41.50	16.25	16.0	16.33	16.1	51.02	50.8	1.58	5.32	10.60	10.89	33.57	37.30		157
156	8.02		13.03	12.8	43.68	43.5	1:41.78	16.31	16.1	16.39		51.11	50.9		5.30	10.49	10.78	33.30	36.98	64.0	156
155	8.03		13.06		43.77	43.6	1:42.06	16.37		16.45	16.2	51.21	51.0	1.57	5.27	10.39	10.67	33.03	36.66		155
154	8.04	7.8	13.08		43.86	43.7	1:42.34	16.43	16.2	16.51	16.3	51.31	51.1		5.24	10.28	10.56	32.76	36.34	63.5	154
153	8.06		13.10		43.96	43.8	1:42.62	16.48		16.58		51.40		1.56	5.21	10.20	10.48	32.40	36.02	63.0	153
152	8.07		13.12		44.06	43.9	1:42.80	16.52		16.63	16.4	51.45	51.2		5.19	10.17	10.44	32.15	35.84		152
151	8.09		13.14	12.9	44.16	44.0	1:42.95	16.55	16.3	16.67		51.51	51.3		5.18	10.14	10.40	31.95	35.68		152
150	8.11		13.16		44.26	44.1	1:43.10	16.57		16.71		51.57		1.55	5.17	10.10	10.36	31.75	35.52	62.5	150
149	8.12		13.18		44.36	44.2	1:43.25	16.59		16.75	16.5	51.63	51.4		5.16	10.05	10.32	31.55	35.36		149
148	8.13		13.20		44.44		1:43.40	16.61		16.78		51.69			5.15	10.00	10.28	31.35	35.22		148
147	8.15	7.9	13.22		44.52	44.3	1:43.55	16.64	16.4	16.81		51.75	51.5	1.54	5.14	9.95	10.24	31.15	35.08	62.0	147
146	8.16		13.24	13.0	44.58		1:43.70	16.66		16.84	16.6	51.81	51.6		5.13	9.90	10.20	30.95	34.94		146
145	8.17		13.26		44.64	44.4	1:43.80	16.69		16.87		51.87			5.12	9.85	10.16	30.75	34.80		145
144	8.19		13.28		44.70		1:43.90	16.71		16.90		51.93	51.7	1.53		9.80	10.12	30.55	34.68	61.5	144
143	8.20		13.30		44.75	44.5	1:44.00	16.73		16.92		51.99			5.11	9.75	10.08	30.35	34.56		143
142	8.21		13.32		44.80		1:44.10	16.75	16.5	16.94	16.7	52.04	51.8		5.10	9.70	10.04	30.15	34.44		142
141	8.22		13.34	13.1	44.85	44.6	1:44.20	16.77		16.96		52.09		1.52	5.09	9.65	10.00	29.95	34.32	61.0	141
140	8.23		13.36		44.90		1:44.30	16.79		16.98		52.14	51.9			9.60	9.96	29.75	34.20		140
139	8.25	8.0	13.38		44.95	44.7	1:44.40	16.81		17.00		52.19			5.08	9.55	9.92	29.55	34.08	60.5	139
138	8.26		13.40		45.00		1:44.50	16.83		17.02		52.24	52.0	1.51	5.07	9.50	9.88	29.35	33.94		138
137	8.27		13.42		45.05	44.8	1:44.60	16.85	16.6	17.04	16.8	52.29			5.06	9.45	9.84	29.15	33.80	60.0	137
136	8.29		13.44	13.2	45.10		1:44.70	16.87		17.06		52.34	52.1			9.40	9.80	28.95	33.66		136
135	8.30		13.46		45.15	44.9	1:44.80	16.89		17.08		52.39		1.50	5.05	9.35	9.76	28.76	33.52	59.5	135
134	8.32		13.48		45.20		1:44.90	16.91		17.10		52.44	52.2		5.04	9.30	9.72	28.58	33.38		134
133	8.33		13.50		45.25	45.0	1:45.00	16.93		17.12		52.49			5.03	9.25	9.69	28.40	33.24	59.0	133
132	8.34		13.52		45.30		1:45.10	16.95	16.7	17.14	16.9	52.54	52.3			9.20	9.66	28.22	33.10		132
131	8.35	8.1	13.55	13.3	45.34	45.1	1:45.20	16.97		17.16		52.59		1.49	5.02	9.15	9.62	28.04	32.96	58.5	131
130	8.36		13.57		45.38		1:45.30	16.99		17.18		52.64	52.4		5.01	9.10	9.59	27.86	32.82		130
129	8.38		13.59		45.42		1:45.40	17.01		17.20		52.69			5.00	9.04	9.55	27.68	32.68	58.0	140
128	8.39		13.61		45.45	45.2	1:45.50	17.03		17.22		52.74	52.5			8.97	9.52	27.50	32.54		139
127	8.40		13.63		45.49		1:45.60	17.05	16.8	17.23		52.79		1.48	4.99	8.91	9.48	27.33	32.40	57.5	138
126	8.41		13.65	13.4	45.53	45.3	1:45.70	17.07		17.25	17.0	52.84	52.6		4.98	8.86	9.44	27.16	32.26		137
125	8.42		13.66		45.57		1:45.80	17.09		17.26		52.89			4.97	8.81	9.40	26.99	32.12	57.0	136
124	8.43		13.68		45.61		1:45.90	17.11		17.27		52.94	52.7			8.77	9.36	26.82	31.98		135
123	8.44		13.70		45.65	45.4	1:46.00	17.13		17.28		52.99		1.47	4.96	8.73	9.33	26.65	31.84	56.5	123
122	8.45	8.2	13.72		45.70		1:46.10	17.15	16.9	17.29		53.04	52.8		4.95	8.69	9.29	26.48	31.70		122

Pkt								młodziczki					juniorki mł.											Pkt
	60 m	60 R	100 m	100R	300m	300R	600m	IOOpł (76,2 cm/8,20)	IOOpłR (76,2 cm/8,50)	IOOpł (76,2 cm)	IOOpłR (76,2 cm/8,50)	4x100	4xIOOR	skok wzwyż	skok w dal	kula (4 kg)	kula (3 kg)	dysk (1 kg)	oszczep (600 g)	piłka palant.				
121	8.46		13.73		45.75	45.5	1:46.20	17.17		17.30		53.09			4.94	8.65	9.25	26.31	31.56	56.0	121			
120	8.47		13.75	13.5	45.80		1:46.30	17.19		17.31		53.14	52.9			8.61	9.21	26.14	31.42		120			
119	8.48		13.77		45.85	45.6	1:46.40	17.21		17.32		53.19		1.46	4.93	8.58	9.18	25.97	31.28	55.5	119			
118	8.49		13.79		45.90		1:46.50	17.23		17.33		53.24	53.0		4.92	8.55	9.14	25.80	31.14		118			
117	8.50		13.80		45.95	45.7	1:46.60	17.25	17.0	17.34		53.29			4.91	8.52	9.11	25.65	31.00	55.0	117			
116	8.51		13.82		46.00		1:46.70	17.27		17.35	17.1	53.34	53.1			8.49	9.07	25.50	30.86		116			
115	8.52		13.84	13.6	46.05	45.8	1:46.80	17.29		17.36		53.39		1.45	4.90	8.46	9.04	25.35	30.72	54.5	115			
114	8.53		13.86		46.10	45.9	1:46.90	17.31		17.37		53.44	53.2		4.89	8.43	9.00	25.20	30.58		114			
113	8.54	8.3	13.87		46.17		1:47.00	17.33		17.38		53.49			4.88	8.40	8.97	25.05	30.44	54.0	113			
112	8.56		13.89		46.24	46.0	1:47.10	17.34		17.39		53.54	53.3			8.37	8.94	24.90	30.30		112			
111	8.57		13.91		46.31	46.1	1:47.20	17.35	17.1	17.40		53.60	53.4		4.87	8.34	8.90	24.75	30.16	53.5	111			
110	8.58		13.93		46.38		1:47.30	17.37		17.41		53.66		1.44	4.86	8.31	8.87	24.60	30.02		110			
109	8.60		13.95	13.7	46.45	46.2	1:47.40	17.39		17.42		53.72	53.5		4.85	8.28	8.83	24.45	29.88	53.0	109			
108	8.61		13.97		46.52	46.3	1:47.50	17.41		17.43		53.78				8.25	8.80	24.30	29.74	52.5	108			
107	8.62		13.99		46.59	46.4	1:47.60	17.42		17.44		53.84	53.6		4.84	8.22	8.76	24.15	29.60		107			
106	8.64		14.01		46.66		1:47.70	17.44		17.45	17.2	53.90	53.7	1.43	4.83	8.19	8.73	24.00	29.45	52.0	106			
105	8.65	8.4	14.03		46.73	46.5	1:47.80	17.45	17.2	17.46		53.98			4.82	8.16	8.69	23.85	29.30		105			
104	8.67		14.05	13.8	46.80	46.6	1:47.90	17.47		17.47		54.06	53.8		4.81	8.13	8.66	23.70	29.15	51.5	104			
103	8.68		14.07		46.90	46.7	1:47.99	17.48		17.48		54.14	53.9	1.42	4.80	8.10	8.62	23.56	29.00	51.0	103			
102	8.70		14.09		47.01	46.8	1:48.08	17.50		17.50		54.24	54.0		4.79	8.07	8.59	23.42	28.85		102			
101	8.71		14.12		47.15	46.9	1:48.20	17.52		17.52		54.34	54.1		4.78	8.04	8.55	23.28	28.70	50.5	101			
100	8.72		14.15	13.9	47.30	47.1	1:48.40	17.54	17.3	17.54	17.3	54.44	54.2	1.41	4.77	8.01	8.52	23.14	28.55	50.0	100			
99	8.74	8.5	14.18		47.50	47.3	1:48.60	17.56		17.57		54.56	54.4		4.76	7.98	8.49	23.00	28.40		99			
98	8.76		14.21		47.65	47.4	1:48.90	17.59		17.61		54.68	54.5		4.75	7.95	8.46	22.88	28.28	49.5	98			
97	8.78		14.24	14.0	47.85	47.6	1:49.20	17.62		17.65	17.4	54.80	54.6	1.40	4.74	7.92	8.43	22.76	28.16	49.0	97			
96	8.80		14.27		48.05	47.8	1:49.50	17.65	17.4	17.69		54.92	54.7		4.73	7.89	8.40	22.66	28.04		96			
95	8.82		14.30		48.25	48.0	1:49.80	17.68		17.73	17.5	55.04	54.8		4.72	7.87	8.37	22.56	27.92	48.5	95			
94	8.83	8.6	14.34	14.1	48.45	48.2	1:50.15	17.71		17.77		55.18	55.0	1.39	4.71	7.85	8.34	22.46	27.80	48.0	94			
93	8.86		14.39		48.65	48.4	1:50.50	17.75	17.5	17.81		55.32	55.1		4.70	7.83	8.31	22.38	27.68	47.5	93			
92	8.89		14.44	14.2	48.85	48.6	1:50.90	17.79		17.85	17.6	55.46	55.3		4.69	7.81	8.28	22.30	27.56		92			
91	8.92		14.48		49.05	48.8	1:51.30	17.83	17.6	17.89		55.60	55.4	1.38	4.68	7.79	8.25	22.22	27.44	47.0	91			
90	8.94	8.7	14.53	14.3	49.25	49.0	1:51.75	17.87		17.93	17.7	55.75	55.5		4.67	7.77	8.22	22.14	27.32	46.5	90			
89	8.97		14.57		49.45	49.2	1:52.20	17.91	17.7	17.97		55.90	55.7		4.66	7.75	8.19	22.05	27.19	46.0	89			
88	9.00		14.62	14.4	49.65	49.4	1:52.70	17.97		18.01		56.06	55.9	1.37	4.64	7.73	8.16	21.95	27.05		88			
87	9.03		14.66		49.85	49.6	1:53.20	18.03	17.8	18.06	17.8	56.22	56.0		4.63	7.71	8.13	21.85	26.91	45.5	87			
86	9.05	8.8	14.71		50.05	49.8	1:53.75	18.09		18.11	17.9	56.38	56.2	1.36	4.62	7.68	8.10	21.75	26.77	45.0	86			
85	9.07		14.75	14.5	50.25	50.0	1:54.35	18.15	17.9	18.16		56.54	56.3		4.61	7.65	8.07	21.65	26.63	44.5	85			
84	9.10		14.79		50.45	50.2	1:54.95	18.21	18.0	18.21	18.0	56.70	56.5	1.35	4.59	7.62	8.04	21.55	26.49		84			
83	9.12		14.84	14.6	50.65	50.4	1:55.55	18.27		18.28		56.86	56.7		4.58	7.59	8.01	21.45	26.35	44.0	83			
82	9.15	8.9	14.88		50.85	50.6	1:56.15	18.35	18.1	18.35	18.1	57.02	56.8		4.56	7.56	7.98	21.35	26.21	43.5	82			
81	9.17		14.93	14.7	51.05	50.8	1:56.75	18.43	18.2	18.42	18.2	57.18	57.0	1.34	4.55	7.53	7.95	21.25	26.07	43.0	81			
80	9.20		14.97		51.25	51.0	1:57.30	18.51	18.3	18.49	18.3	57.34	57.1		4.53	7.50	7.92	21.15	25.93		80			

Pkt								młodziczki	juniorki mł.														Pkt
	60 m	60 R	100 m	100R	300m	300R	600m	IOOpl (76,2 cm/8,20)	IOOpiR (76,2 cm/8,50)	IOOpl (76,2 cm)	IOOpiR (76,2 cm/8,50)	4x100	4xIOOR	skok wzwyż	skok w dal	kula (4 kg)	kula (3 kg)	dysk (1 kg)	oszczep (600 g)	piłka palant.			
79	9.22		15.02	14.8	51.45	51.2	1:57.85	18.59	18.4	18.56		57.50	57.3	1.33	4.51	7.47	7.89	21.05	25.79	42.5	79		
78	9.25	9.0	15.06		51.65	51.4	1:58.35	18.67		18.63	18.4	57.66	57.5		4.49	7.44	7.86	20.95	25.65	42.0	78		
77	9.27		15.10		51.85	51.6	1:58.85	18.75	18.5	18.72	18.5	57.84	57.6	1.32	4.47	7.41	7.83	20.84	25.51	41.5	77		
76	9.30		15.15	14.9	52.05	51.8	1:59.35	18.83	18.6	18.81	18.6	58.02	57.8		4.45	7.38	7.80	20.73	25.37		76		
75	9.32		15.19		52.25	52.0	1:59.85	18.92	18.7	18.90	18.7	58.20	58.0	1.31	4.42	7.35	7.77	20.62	25.23	41.0	75		
74	9.35	9.1	15.23	15.0	52.45	52.2	2:00.35	19.01	18.8	19.00	18.8	58.38	58.2		4.39	7.32	7.74	20.51	25.09	40.5	74		
73	9.38		15.28		52.65	52.4	2:00.85	19.10	18.9	19.10	18.9	58.56	58.4	1.30	4.37	7.29	7.71	20.40	24.95	40.0	73		
72	9.41		15.32	15.1	52.85	52.6	2:01.35	19.20	19.0	19.20	19.0	58.74	58.5		4.35	7.26	7.68	20.29	24.81		72		
71	9.45	9.2	15.36		53.05	52.8	2:01.85	19.30	19.1	19.30	19.1	58.92	58.7	1.29	4.33	7.23	7.65	20.18	24.67	39.5	71		
70	9.48		15.40		53.25	53.0	2:02.35	19.40	19.2	19.40	19.2	59.10	58.9		4.31	7.20	7.62	20.07	24.53	39.0	70		
69	9.51		15.45	15.2	53.45	53.2	2:02.85	19.50	19.3	19.50	19.3	59.28	59.1	1.28	4.29	7.17	7.59	19.96	24.39	38.5	69		
68	9.53		15.49		53.65	53.4	2:03.40	19.60	19.4	19.60	19.4	59.46	59.3		4.27	7.14	7.56	19.85	24.25		68		
67	9.55	9.3	15.53	15.3	53.85	53.6	2:03.95	19.70	19.5	19.70	19.5	59.64	59.4	1.27	4.25	7.11	7.53	19.74	24.11	38.0	67		
66	9.57		15.57		54.05	53.8	2:04.50	19.80	19.6	19.80	19.6	59.82	59.6		4.23	7.08	7.50	19.63	23.97	37.5	66		
65	9.60		15.61		54.25	54.0	2:05.05	19.90	19.7	19.90	19.7	60.00	59.8	1.26	4.21	7.05	7.47	19.52	23.83	37.0	65		
64	9.63	9.4	15.65	15.4	54.45	54.2	2:05.60	20.00	19.8	20.00	19.8	60.20	60.0		4.19	7.02	7.44	19.41	23.69		64		
63	9.66		15.69		54.65	54.4	2:06.15	20.10	19.9	20.10	19.9	60.40	60.2	1.25	4.17	6.99	7.41	19.30	23.55	36.5	63		
62	9.69		15.73	15.5	54.85	54.6	2:06.70	20.20	20.0	20.20	20.1	60.60	60.4		4.15	6.96	7.38	19.19	23.39	36.0	62		
61	9.72		15.77		55.05	54.8	2:07.25	20.30	20.1	20.30	20.1	60.80	60.6	1.24	4.13	6.93	7.35	19.08	23.23	35.5	61		
60	9.74	9.5	15.81		55.25	55.0	2:07.80	20.40	20.2	20.40	20.2	61.00	60.8		4.11	6.90	7.32	18.97	23.07		60		
59	9.77		15.85	15.6	55.45	55.2	2:08.35	20.50	20.3	20.50	20.3	61.20	61.0	1.23	4.09	6.87	7.29	18.86	22.91	35.0	59		
58	9.80		15.90		55.65	55.4	2:08.90	20.60	20.4	20.60	20.4	61.40	61.2		4.07	6.84	7.26	18.75	22.75	34.5	58		
57	9.83	9.6	15.95	15.7	55.85	55.6	2:09.45	20.70	20.5	20.70	20.5	61.60	61.4	1.22	4.05	6.81	7.23	18.63	22.59	34.0	57		
56	9.86		16.00		56.10	55.9	2:10.00	20.80	20.6	20.80	20.6	61.80	61.6		4.03	6.78	7.20	18.51	22.43	33.5	56		
55	9.89		16.05	15.8	56.35	56.1	2:10.55	20.90	20.7	20.90	20.7	62.00	61.8	1.21	4.01	6.75	7.16	18.39	22.27		55		
54	9.92		16.10		56.60	56.4	2:11.10	21.00	20.8	21.00	20.8	62.20	62.0		3.99	6.72	7.13	18.27	22.10	33.0	54		
53	9.95	9.7	16.15	15.9	56.85	56.6	2:11.65	21.10	20.9	21.10	20.9	62.40	62.2	1.20	3.97	6.69	7.09	18.15	21.94	32.5	53		
52	9.98		16.20		57.10	56.9	2:12.20	21.20	21.0	21.20	21.0	62.60	62.4		3.94	6.66	7.06	18.03	21.78	32.0	52		
51	10.01		16.25	16.0	57.35	57.1	2:12.75	21.30	21.1	21.30	21.1	62.80	62.6	1.19	3.91	6.63	7.02	17.91	21.62	31.5	51		
50	10.04	9.8	16.30		57.60	57.4	2:13.30	21.40	21.2	21.40	21.2	63.00	62.8		3.88	6.60	6.99	17.79	21.46		50		
49	10.07		16.35	16.1	57.85	57.6	2:13.85	21.50	21.3	21.50	21.3	63.20	63.0	1.18	3.85	6.56	6.95	17.67	21.30	31.0	49		
48	10.10		16.40		58.10	57.9	2:14.40	21.60	21.4	21.60	21.4	63.40	63.2		3.82	6.52	6.91	17.55	21.14	30.5	48		
47	10.13	9.9	16.45	16.2	58.35	58.1	2:14.95	21.70	21.5	21.70	21.5	63.60	63.4	1.17	3.79	6.48	6.87	17.43	20.98	30.0	47		
46	10.16		16.50		58.60	58.4	2:15.50	21.80	21.6	21.80	21.6	63.80	63.6		3.76	6.44	6.83	17.31	20.82		46		
45	10.20		16.55	16.3	58.85	58.6	2:16.05	21.90	21.7	21.90	21.7	64.00	63.8	1.16	3.73	6.40	6.79	17.19	20.66	29.5	45		
44	10.23	10.0	16.60		59.10	58.9	2:16.60	22.00	21.8	22.00	21.8	64.20	64.0		3.70	6.36	6.75	17.07	20.50	29.0	44		
43	10.27		16.66	16.4	59.35	59.1	2:17.15	22.10	21.9	22.10	21.9	64.40	64.2	1.15	3.67	6.32	6.71	16.95	20.34	28.5	43		
42	10.31		16.72		59.60	59.4	2:17.70	22.20	22.0	22.20	22.0	64.60	64.4		3.64	6.28	6.67	16.83	20.16		42		
41	10.34	10.1	16.78	16.6	59.85	59.6	2:18.25	22.30	22.1	22.30	22.1	64.80	64.6	1.14	3.61	6.24	6.63	16.71	19.98	28.0	41		
40	10.38		16.84		60.10	59.9	2:18.80	22.40	22.2	22.40	22.2	65.00	64.8		3.58	6.20	6.59	16.59	19.80	27.5	40		
39	10.42		16.90	16.7	60.35	60.1	2:19.35	22.50	22.3	22.52	22.3	65.20	65.0	1.13	3.55	6.16	6.55	16.47	19.62	27.0	39		
38	10.45	10.2	16.96		60.60	60.4	2:19.90	22.62	22.4	22.64	22.4	65.40	65.2		3.52	6.12	6.51	16.35	19.44		38		

Pkt								młodziczki		juniorki mł.												Pkt
	60 m	60 R	100 m	100R	300m	300R	600m	IOOpl (76,2 cm/8,20)	IOOpiR (76,2 cm/8,50)	IOOpl (76,2 cm)	IOOpiR (76,2 cm/8,50)	4x100	4xIOOR	skok wzwyż	skok w dal	kula (4 kg)	kula (3 kg)	dysk (1 kg)	oszczep (600 g)	piłka palant.		
37	10.48		17.02	16.8	60.85	60.6	2:20.45	22.74	22.5	22.76	22.6	65.60	65.4	1.12	3.49	6.08	6.47	16.20	19.26	26.5	37	
36	10.52		17.08		61.10	60.9	2:21.00	22.86	22.7	22.88	22.7	65.80	65.6		3.46	6.04	6.43	16.05	19.08	26.0	36	
35	10.55	10.3	17.14	16.9	61.35	61.1	2:21.55	22.98	22.8	23.00	22.8	66.00	65.8	1.11	3.43	6.00	6.39	15.90	18.90	25.5	35	
34	10.59		17.20	17.0	61.60	61.4	2:22.10	23.10	22.9	23.12	22.9	66.20	66.0		3.40	5.96	6.35	15.75	18.70	25.0	34	
33	10.63	10.4	17.26		61.85	61.6	2:22.65	23.22	23.0	23.24	23.0	66.40	66.2	1.10	3.37	5.92	6.30	15.60	18.50	24.5	33	
32	10.67		17.32	17.1	62.10	61.9	2:23.20	23.34	23.1	23.36	23.2	66.63	66.4		3.34	5.88	6.25	15.45	18.30	24.0	32	
31	10.71		17.38		62.40	62.2	2:23.75	23.46	23.3	23.48	23.3	66.86	66.7	1.09	3.31	5.84	6.20	15.30	18.10	23.5	31	
30	10.75	10.5	17.44	17.2	62.70	62.5	2:24.30	23.58	23.4	23.60	23.4	67.13	66.9		3.28	5.80	6.15	15.15	17.90	23.0	30	
29	10.79		17.51	17.3	63.00	62.8	2:24.85	23.70	23.5	23.72	23.5	67.40	67.2	1.08	3.25	5.76	6.10	15.00	17.70	22.5	29	
28	10.83	10.6	17.58		63.30	63.1	2:25.40	23.82	23.6	23.84	23.6	67.67	67.5	1.07	3.22	5.72	6.05	14.80	17.50	22.0	28	
27	10.87		17.65	17.4	63.60	63.4	2:25.95	23.94	23.7	23.96	23.8	67.94	67.7		3.19	5.68	6.00	14.60	17.30	21.5	27	
26	10.91		17.72	17.5	63.90	63.7	2:26.50	24.06	23.9	24.08	23.9	68.21	68.0	1.06	3.16	5.64	5.95	14.40	17.10	21.0	26	
25	10.95	10.7	17.79	17.6	64.20	64.0	2:27.10	24.18	24.0	24.20	24.0	68.48	68.3	1.05	3.13	5.60	5.90	14.20	16.90	20.5	25	
24	10.99		17.86		64.50	64.3	2:27.70	24.30	24.1	24.32	24.1	68.75	68.5		3.10	5.55	5.85	14.00	16.70	20.0	24	
23	11.04	10.8	17.93	17.7	64.85	64.6	2:28.30	24.42	24.2	24.44	24.2	69.02	68.8	1.04	3.07	5.50	5.80	13.80	16.50	19.5	23	
22	11.09		18.00	17.8	65.20	65.0	2:28.95	24.54	24.3	24.56	24.3	69.29	69.1	1.03	3.04	5.45	5.75	13.60	16.25	19.0	22	
21	11.14	10.9	18.07		65.55	65.3	2:29.65	24.66	24.5	24.68	24.5	69.56	69.4		3.01	5.40	5.70	13.40	16.00	18.5	21	
20	11.19		18.15	17.9	65.90	65.7	2:30.35	24.78	24.6	24.80	24.6	69.83	69.6	1.02	2.98	5.35	5.65	13.20	15.75	18.0	20	
19	11.25	11.0	18.23	18.0	66.25	66.0	2:31.05	24.90	24.7	24.92	24.7	70.10	69.9	1.01	2.95	5.30	5.60	13.00	15.50	17.5	19	
18	11.31	11.1	18.31	18.1	66.60	66.4	2:31.75	25.02	24.8	25.04	24.8	70.37	70.2	1.00	2.92	5.25	5.55	12.80	15.25	17.0	18	
17	11.37		18.39	18.2	66.95	66.7	2:32.45	25.14	24.9	25.16	25.0	70.64	70.4		2.89	5.20	5.50	12.60	15.00	16.5	17	
16	11.43	11.2	18.48	18.3	67.30	67.1	2:33.15	25.26	25.1	25.28	25.1	70.93	70.7	0.99	2.86	5.15	5.45	12.40	14.75	16.0	16	
15	11.49	11.3	18.57	18.4	67.70	67.5	2:33.85	25.38	25.2	25.40	25.2	71.23	71.0	0.98	2.83	5.10	5.40	12.20	14.50	15.5	15	
14	11.56		18.66		68.10	67.9	2:34.65	25.50	25.3	25.52	25.3	71.58	71.4	0.97	2.80	5.05	5.35	12.00	14.25	15.0	14	
13	11.64	11.4	18.75	18.5	68.50	68.3	2:35.45	25.62	25.4	25.64	25.4	71.93	71.7	0.96	2.77	5.00	5.30	11.80	13.85	14.5	13	
12	11.72	11.5	18.85	18.6	68.90	68.7	2:36.25	25.75	25.5	25.76	25.6	72.30	72.1	0.95	2.74	4.95	5.25	11.60	13.55	14.0	12	
11	11.80	11.6	18.95	18.7	69.30	69.1	2:37.05	25.90	25.7	25.90	25.7	72.70	72.5	0.94	2.71	4.90	5.18	11.40	13.25	13.5	11	
10	11.88	11.7	19.05	18.8	69.80	69.6	2:37.85	26.05	25.8	26.05	25.8	73.15	72.9	0.93	2.67	4.85	5.11	11.20	12.90	13.0	10	
9	11.96		19.15	18.9	70.30	70.1	2:38.65	26.20	26.0	26.20	26.0	73.60	73.4	0.92	2.63	4.80	5.04	10.95	12.55	12.5	9	
8	12.04	11.8	19.25	19.0	70.85	70.6	2:39.45	26.40	26.2	26.40	26.2	74.05	73.8	0.91	2.59	4.73	4.96	10.70	12.20	12.0	8	
7	12.12	11.9	19.35	19.1	71.45	71.2	2:40.25	26.60	26.4	26.60	26.4	74.50	74.3	0.90	2.55	4.66	4.88	10.40	11.85	11.5	7	
6	12.20	12.0	19.45	19.2	72.10	71.9	2:41.05	26.85	26.6	26.80	26.6	74.95	74.7	0.88	2.50	4.59	4.80	10.10	11.45	11.0	6	
5	12.30	12.1	19.55	19.3	72.75	72.5	2:41.85	27.10	26.9	27.05	26.8	75.40	75.2	0.87	2.45	4.50	4.70	9.80	11.05	10.5	5	
4	12.40	12.2	19.70	19.5	73.45	73.2	2:42.65	27.40	27.2	27.30	27.1	75.90	75.7	0.85	2.40	4.40	4.60	9.45	10.60	10.0	4	
3	12.50	12.3	19.85	19.6	74.15	73.9	2:43.35	27.70	27.5	27.60	27.4	76.40	76.2	0.84	2.35	4.30	4.50	9.10	10.10	9.5	3	
2	12.62	12.4	20.05	19.8	74.90	74.7	2:44.35	28.00	27.8	27.90	27.7	77.00	76.8	0.82	2.25	4.15	4.35	8.70	9.60	9.0	2	
1	12.75	12.5	20.25	20.0	75.85	75.6	2:45.35	28.35	28.1	28.28	28.1	77.89	77.7	0.80	2.10	4.00	4.20	8.20	9.00	8.0	1	

CHŁOPCY

LEKKOATLETYCZNE TABELE PUNKTOWE

• Trójbój lekkoatletyczny • Czwórbój lekkoatletyczny • Lekkoatletyczna liga szkół gimnazjalnych
R - pomiar ręczny

Pkt	60 m	60 R	100 m	100R	300m	300R	1000m	110Pl (100 cm)	110R	4x100	4x100 R	skok wzwyż	skok w dal	kula (5 kg)	dysk (1 kg)	dysk (1.5 kg)	oszczep (600 g)	oszczep (700 g)	piłka palant.	Pkt
200	6.91		10.75	10.5	35.68	35.4	2:32.30	14.60		44.65	44.4	2.06	7.12	16.35	53.96	53.06	63.08	70.06	104.0	200
199	6.92		10.78		35.76	35.5	2:32.65	14.65	14.4	44.72	44.5		7.11	16.28	53.56	52.66	62.78	69.85		199
198	6.93		10.81		35.84	35.6	2:32.80	14.70		44.79		2.05	7.09	16.21	53.16	52.26	62.48	69.64	103.5	198
197	6.94		10.84		35.92		2:33.05	14.75	14.5	44.85	44.6		7.08	16.14	52.76	51.86	62.18	69.43		197
196	6.95		10.87	10.6	36.00	35.7	2:33.30	14.80		44.92	44.7	2.04	7.06	16.07	52.36	51.46	61.88	69.22	103.0	196
195		6.7	10.90		36.08	35.8	2:33.55	14.85	14.6	44.99			7.05	16.00	51.96	51.06	61.58	69.01		195
194	6.96		10.92		36.16	35.9	2:33.80	14.90		45.05	44.8	2.03	7.03	15.97	51.56	50.66	61.28	68.80	102.5	194
193	6.97		10.94	10.7	36.24	36.0	2:34.05	14.95	14.7	45.12	44.9		7.01	15.90	51.16	50.26	60.98	68.59		193
192	6.98		10.96		36.32	36.1	2:34.30	15.00		45.19		2.02	7.00	15.83	50.76	49.86	60.68	68.38	102.0	192
191	6.99		10.98		36.40		2:34.55	15.05	14.8	45.25	45.0		6.98	15.76	50.36	49.46	60.38	68.17		191
190			11.00		36.48	36.2	2:34.80	15.10		45.32	45.1	2.01	6.97	15.69	49.96	49.06	60.08	67.96	101.5	190
189	7.00		11.02		36.56	36.3	2:35.05	15.15	14.9	45.39			6.95	15.62	49.56	48.66	59.78	67.75		189
188	7.01		11.04	10.8	36.64		2:35.30	15.20		45.45	45.2	2.00	6.94	15.55	49.16	48.26	59.48	67.54	101.0	188
187	7.02		11.06		36.72	36.4	2:35.55	15.25	15.0	45.52	45.3	1.99	6.92	15.48	48.76	47.86	59.18	67.33		187
186	7.03	6.8	11.08		36.80	36.5	2:35.80	15.30		45.59			6.90	15.41	48.36	47.46	58.88	67.12	100.5	186
185			11.10		36.88	36.6	2:36.05	15.35	15.1	45.65	45.4	1.98	6.89	15.34	47.96	47.06	58.58	66.91		185
184	7.04		11.12		36.96	36.7	2:36.30	15.40		45.72	45.5		6.87	15.26	47.56	46.66	58.28	66.70	100.0	184
183	7.05		11.14	10.9	37.04	36.8	2:36.55	15.45	15.2	45.79		1.97	6.86	15.18	47.16	46.26	57.98	66.49		183
182	7.06		11.16		37.12	36.9	2:36.80	15.50		45.85	45.6	1.96	6.84	15.10	46.76	45.86	57.68	66.28	99.5	182
181	7.07		11.18		37.20		2:37.05	15.55	15.3	45.92	45.7		6.82	15.02	46.36	45.46	57.38	66.07		181
180	7.08		11.20		37.28	37.0	2:37.30	15.60		45.99		1.95	6.81	14.95	45.96	45.06	57.08	65.86	99.0	180
179	7.09		11.21		37.32		2:37.49	15.63		46.05	45.8		6.79	14.90	45.79	44.85	56.78	65.50		179
178			11.23		37.36	37.1	2:37.68	15.66	15.4	46.12	45.9		6.78	14.85	45.62	44.64	56.48	65.14	98.5	178
177	7.10	6.9	11.24	11.0	37.40		2:37.87	15.69		46.19		1.94	6.76	14.80	45.45	44.43	56.18	64.78		177
176	7.11		11.26		37.44		2:38.25	15.72		46.25	46.0		6.74	14.75	45.28	44.22	55.86	64.42	98.0	176
175	7.12		11.27		37.48	37.2	2:38.44	15.75	15.5	46.32	46.1		6.73	14.70	45.11	44.01	55.56	64.06		175
174	7.13		11.29		37.52		2:38.63	15.78		46.39		1.93	6.71	14.65	44.94	43.80	55.26	63.70	97.5	174
173	7.14		11.30		37.56		2:38.82	15.81		46.45	46.2		6.69	14.60	44.77	43.59	54.96	63.34		173
172	7.15		11.32		37.60	37.3	2:39.01	15.83	15.6	46.52	46.3		6.68	14.55	44.60	43.38	54.66	62.98	97.0	172
171			11.33	11.1	37.64		2:39.20	15.86		46.59		1.92	6.66	14.50	44.43	43.17	54.34	62.62		171
170	7.16		11.35		37.68	37.4	2:39.39	15.88		46.65	46.4		6.65	14.45	44.26	42.96	54.04	62.26	96.5	170
169	7.17		11.36		37.72		2:39.58	15.91		46.72	46.5		6.63	14.40	44.09	42.75	53.74	61.90		169
168	7.18		11.38		37.76		2:39.77	15.93	15.7	46.79		1.91	6.61	14.35	43.92	42.54	53.44	61.54	96.0	168
167	7.19		11.39		37.80	37.5	2:39.96	15.96		46.85	46.6		6.60	14.30	43.75	42.33	53.14	61.18		167
166	7.20	7.0	11.41		37.84		2:40.15	15.99		46.92	46.7		6.58	14.25	43.58	42.12	52.82	60.82	95.5	166
165			11.42		37.88	37.6	2:40.34	16.01		47.00	46.8	1.90	6.56	14.20	43.41	41.91	52.52	60.46	95.0	165
164	7.21		11.44	11.2	37.92		2:40.53	16.04	15.8	47.07			6.55	14.15	43.24	41.70	52.22	60.10	94.5	164
163	7.22		11.45		37.96	37.7	2:40.72	16.06		47.15	46.9	1.89	6.53	14.10	43.07	41.50	51.92	59.74	94.0	163

• Czwórbój lekkoatletyczny • Lekkoatletyczna liga szkół gimnazjalnych

Pkt	60 m	60 R	100 m	100R	300m	300R	1000m	110Pl (100 cm)	110R	4x100	4x100 R	skok wzwyż	skok w dal	kula (5 kg)	dysk (1 kg)	dysk (1.5 kg)	oszczep (600 g)	oszczep (700 g)	piłka palant.	Pkt
162	7.23		11.46		38.00		2:40.91	16.09		47.22	47.0		6.51	14.05	42.90	41.30	51.62	59.38	93.5	162
161	7.24		11.47		38.04		2:41.10	16.11		47.29		1.88	6.50	14.00	42.73	41.10	51.30	59.02	93.0	161
160	7.25		11.48		38.08		2:41.29	16.14	15.9	47.35	47.1		6.48	13.95	42.56	40.90	51.00	58.66	92.5	160
159	7.26		11.49		38.12	37.8	2:41.48	16.16		47.42	47.2	1.87	6.46	13.90	42.39	40.70	50.70	58.30	92.0	159
158	7.27		11.50		38.16	37.9	2:41.67	16.19		47.50	47.3		6.45	13.85	42.22	40.50	50.40	57.94	91.5	158
157	7.28		11.51		38.20		2:41.86	16.21		47.57		1.86	6.43	13.80	42.05	40.30	50.10	57.58	91.0	157
156	7.29		11.52		38.24	38.0	2:42.05	16.24	16.0	47.65	47.4		6.42	13.75	41.88	40.10	49.78	57.22	90.5	156
155	7.30		11.53		38.29		2:42.24	16.26		47.72	47.5	1.85	6.40	13.70	41.71	39.90	49.48	56.86	90.0	155
154	7.31	7.1	11.54	11.3	38.34	38.1	2:42.42	16.29		47.80	47.6		6.39	13.65	41.54	39.70	49.18	56.50	89.5	154
153	7.32		11.55		38.39		2:42.60	16.32		47.87		1.84	6.37	13.60	41.37	39.50	48.88	56.14	89.0	153
152	7.33		11.56		38.44	38.2	2:42.79	16.34	16.1	47.95	47.7		6.35	13.55	41.20	39.30	48.56	55.78	88.5	152
151	7.34		11.57		38.49		2:42.98	16.37		48.02	47.8	1.83	6.33	13.50	41.03	39.10	48.26	55.42	88.0	151
150	7.35		11.58		38.53	38.3	2:43.19	16.39		48.08			6.31	13.45	40.86	38.91	47.98	55.06	87.5	150
149	7.36		11.60		38.57		2:43.42	16.41		48.15	47.9		6.30	13.40	40.66	38.77	47.76	54.74	87.0	149
148	7.37		11.61		38.61		2:43.65	16.43	16.2	48.22	48.0	1.82	6.29	13.35	40.46	38.63	47.54	54.44	86.5	148
147	7.38		11.63		38.65	38.4	2:43.88	16.46		48.28			6.28	13.30	40.26	38.48	47.32	54.16	86.0	147
146	7.39		11.64		38.69		2:44.11	16.48		48.35	48.1		6.26	13.25	40.06	38.33	47.10	53.88	85.5	146
145	7.40		11.66	11.4	38.73	38.5	2:44.34	16.50		48.42	48.2	1.81	6.25	13.20	39.86	38.18	46.88	53.61	85.0	145
144	7.41		11.67		38.77		2:44.57	16.53		48.50	48.3		6.24	13.15	39.66	38.03	46.66	53.34	84.5	144
143	7.42	7.2	11.69		38.82	38.6	2:44.80	16.55	16.3	48.57			6.22	13.10	39.46	37.88	46.44	53.07	84.0	143
142	7.43		11.70		38.87		2:45.03	16.57		48.65	48.4	1.80	6.21	13.05	39.26	37.73	46.22	52.79	83.5	142
141	7.44		11.72		38.92		2:45.26	16.60		48.72	48.5		6.20	13.00	39.06	37.58	46.00	52.52	83.0	141
140	7.45		11.73		38.97	38.7	2:45.49	16.62		48.78			6.19	12.95	38.86	37.42	45.79	52.25	82.5	140
139	7.46		11.75	11.5	39.02		2:45.72	16.65	16.4	48.85	48.6	1.79	6.18	12.92	38.66	37.26	45.57	51.98	82.0	139
138	7.47		11.76		39.07	38.8	2:45.95	16.67		48.92	48.7		6.17	12.89	38.44	37.10	45.35	51.70	81.5	138
137	7.48		11.78		39.12		2:46.19	16.69		48.98			6.16	12.86	38.22	36.93	45.14	51.43	81.0	137
136	7.49		11.79		39.17	38.9	2:46.43	16.71		49.05	48.8	1.78	6.14	12.83	38.00	36.76	44.92	51.26	80.5	136
135	7.50		11.80		39.22		2:46.68	16.74	16.5	49.12	48.9		6.13	12.80	37.78	36.59	44.70	50.98	80.0	135
134	7.51		11.82		39.27	39.0	2:46.93	16.76		49.20	49.0		6.12	12.77	37.56	36.42	44.49	50.71	79.5	134
133	7.52		11.84	11.6	39.32		2:47.18	16.79		49.27		1.77	6.11	12.74	37.34	36.25	44.27	50.44	79.0	133
132	7.53	7.3	11.86		39.37	39.1	2:47.43	16.81		49.35	49.1		6.10	12.71	37.12	36.08	44.05	50.17	78.5	132
131	7.54		11.88		39.42		2:47.68	16.83		49.42	49.2		6.08	12.68	36.90	35.90	43.84	49.89	78.0	131
130	7.55		11.90		39.47	39.2	2:47.92	16.85	16.6	49.48		1.76	6.07	12.65	36.68	35.72	43.62	49.61	77.5	130
129	7.56		11.92		39.52		2:48.16	16.87		49.55	49.3		6.06	12.62	36.42	35.54	43.40	49.33	77.0	129
128	7.57		11.93		39.57	39.3	2:48.40	16.90		49.62	49.4		6.04	12.59	36.18	35.36	43.19	49.05	76.5	128
127	7.58		11.95	11.7	39.62		2:48.64	16.92		49.68			6.03	12.56	35.94	35.18	42.97	48.77	76.0	127
126	7.59		11.97		39.67	39.4	2:48.88	16.94	16.7	49.75	49.5	1.75	6.02	12.53	35.68	35.00	42.75	48.50	75.5	126
125	7.60		11.99		39.72		2:49.09	16.96		49.82	49.6		6.01	12.50	35.42	34.80	42.54	48.23	75.0	125
124	7.61		12.01		39.77	39.5	2:49.44	16.99		49.88			6.00	12.45	35.22	34.60	42.32	47.96	74.5	124
123	7.62		12.02		39.81		2:49.79	17.01		49.95	49.7	1.74	5.99	12.40	35.03	34.41	42.10	47.70	74.0	123
122	7.63		12.04	11.8	39.86	39.6	2:50.14	17.03		50.02	49.8		5.98	12.35	34.84	34.21	41.87	47.46	73.5	122
121	7.64	7.4	12.06		39.91		2:50.49	17.05	16.8	50.10	49.9		5.96	12.30	34.65	34.01	41.63	47.23	73.0	121
120	7.65		12.08		39.95	39.7	2:50.84	17.07		50.17		1.73	5.95	12.25	34.46	33.82	41.39	47.00	72.5	120
119	7.66		12.10		40.00		2:51.19	17.09		50.25	50.0		5.94	12.20	34.27	33.62	41.14	46.76	72.0	119

Pkt	60 m	60 R	100 m	100R	300m	300R	1000m	110Pl (100 cm)	110R	4x100	4x100 R	skok wzwyż	skok w dal	kula (5 kg)	dysk (1 kg)	dysk (1.5 kg)	oszczep (600 g)	oszczep (700 g)	piłka palant.	Pkt
118	7.67		12.12		40.04	39.8	2:51.54	17.11		50.32	50.1		5.92	12.15	34.07	33.42	40.90	46.53	71.5	118
117	7.68		12.14	11.9	40.09		2:51.89	17.13		50.38		1.72	5.91	12.10	33.87	33.22	40.67	46.30	71.0	117
116	7.69		12.16		40.14	39.9	2:52.24	17.15	16.9	50.45	50.2		5.90	12.05	33.67	33.02	40.42	46.06	70.5	116
115	7.70		12.18		40.19		2:52.59	17.17		50.53	50.3		5.88	11.97	33.47	32.83	40.18	45.83	70.0	115
114	7.71		12.20		40.24	40.0	2:52.95	17.19		50.62	50.4	1.71	5.87	11.87	33.27	32.63	39.93	45.60	69.5	114
113	7.72		12.22		40.29		2:53.30	17.21		50.70	50.5		5.85	11.77	33.07	32.43	39.70	45.36	69.0	113
112	7.73	7.5	12.24	12.0	40.34	40.1	2:53.65	17.23		50.79	50.6		5.84	11.67	32.87	32.23	39.45	45.13	68.5	112
111	7.74		12.26		40.39		2:54.00	17.25	17.0	50.88	50.7	1.70	5.82	11.57	32.67	32.04	39.22	44.90	68.0	111
110	7.75		12.28		40.44	40.2	2:54.35	17.27		50.96			5.81	11.47	32.47	31.85	38.97	44.66	67.5	110
109	7.76		12.30		40.49		2:54.70	17.29		51.05	50.8	1.69	5.79	11.37	32.27	31.65	38.74	44.43	67.0	109
108	7.78		12.32		40.54	40.3	2:55.05	17.31		51.15	50.9		5.78	11.27	32.07	31.45	38.50	44.20	66.5	108
107	7.80		12.34	12.1	40.59		2:55.40	17.33		51.25	51.0		5.76	11.17	31.87	31.25	38.26	43.96	66.0	107
106	7.82		12.37		40.64	40.4	2:55.75	17.35	17.1	51.35	51.1	1.68	5.75	11.07	31.68	31.05	38.02	43.73	65.5	106
105	7.84	7.6	12.39		40.69		2:56.10	17.37		51.45	51.2		5.73	10.97	31.49	30.85	37.78	43.50	65.0	105
104	7.86		12.42		40.74	40.5	2:56.45	17.39		51.55	51.3	1.67	5.72	10.87	31.30	30.66	37.55	43.26	64.5	104
103	7.88		12.45	12.2	40.84	40.6	2:56.80	17.41		51.65	51.4		5.71	10.77	31.12	30.47	37.30	43.03	64.0	103
102	7.90		12.47		40.94	40.7	2:57.10	17.45	17.2	51.75	51.5	1.66	5.70	10.67	30.94	30.28	37.06	42.80	63.5	102
101	7.92		12.50		41.04	40.8	2:57.60	17.50		51.85	51.6		5.69	10.57	30.75	30.09	36.86	42.61	63.0	101
100	7.94	7.7	12.52		41.19	40.9	2:58.10	15.54	17.3	51.95	51.7	1.65	5.67	10.47	30.57	29.94	36.66	42.43	62.5	100
99	7.96		12.55	12.3	41.34	41.1	2:58.60	17.58		52.05	51.8		5.65	10.40	30.37	29.80	36.46	42.25	62.0	99
98	7.98		12.58		41.49	41.2	2:59.15	17.63	17.4	52.15	51.9	1.64	5.63	10.37	30.19	29.65	36.30	42.07	61.5	98
97	8.00		12.61		41.64	41.4	2:59.70	17.67		52.25	52.0		5.61	10.34	29.99	29.50	36.15	41.90	61.0	97
96	8.02		12.64	12.4	41.79	41.5	3:00.25	17.71		52.35	52.1	1.63	5.59	10.31	29.81	29.35	35.95	41.72	60.5	96
95	8.04	7.8	12.67		41.94	41.7	3:00.80	17.76	17.5	52.45	52.2		5.57	10.28	29.61	29.20	35.80	41.54	60.0	95
94	8.06		12.70		42.09	41.8	3:01.35	15.80		52.55	52.3	1.62	5.55	10.25	29.43	29.05	35.60	41.37	59.5	94
93	8.08		12.73		42.29	42.0	3:01.90	17.85	17.6	52.65	52.4		5.53	10.22	29.25	28.90	35.45	41.20	59.0	93
92	8.10		12.76	12.5	42.49	42.2	3:02.45	17.89		52.75	52.5	1.61	5.51	10.19	29.10	28.75	35.30	41.02	58.5	92
91	8.13	7.9	12.79		42.69	42.4	3:03.00	17.94	17.7	52.85	52.6		5.49	10.16	28.95	28.60	35.10	40.85	58.0	91
90	8.16		12.82		42.89	42.6	3:03.55	17.98		52.95	52.7	1.60	5.47	10.13	28.80	28.45	34.95	40.67	57.5	90
89	8.19		12.85	12.6	43.09	42.8	3:04.10	18.03	17.8	53.05	52.8	1.59	5.45	10.10	28.65	28.30	34.80	40.49	57.0	89
88	8.22		12.89		43.29	43.0	3:04.65	18.08		53.15	52.9		5.43	10.07	28.50	28.15	34.60	40.31	56.5	88
87	8.25	8.0	12.93		43.49	43.2	3:05.20	18.13	17.9	53.25	53.0	1.58	5.41	10.04	28.35	28.00	34.45	40.13	56.0	87
86	8.28		12.97	12.7	43.69	43.4	3:05.80	18.18		53.35	53.1	1.57	5.39	10.01	28.20	27.85	34.30	39.96	55.5	86
85	8.31		13.01		43.89	43.6	3:06.40	18.23	18.0	53.45	53.2		5.37	9.98	28.05	27.70	34.10	39.79	55.0	85
84	8.34	8.1	13.05	13.8	44.09	43.8	3:07.00	18.28		53.55	53.3	1.56	5.35	9.95	27.90	27.55	33.95	39.62	54.5	84
83	8.37		13.09		44.29	44.0	3:07.62	18.33	18.1	53.65	53.4	1.55	5.33	9.92	27.75	27.40	33.80	39.45	54.0	83
82	8.40		13.13	12.9	44.49	44.2	3:08.26	18.38		53.75	53.5		5.30	9.89	27.60	27.25	33.60	39.28	53.5	82
81	8.43		13.17		44.68	44.4	3:08.90	18.43	18.2	53.85	53.6	1.54	5.27	9.86	27.45	27.10	33.45	39.11	53.0	81
80	8.46	8.2	13.21		44.88	44.6	3:09.54	18.49		53.95	53.7	1.53	5.24	9.83	27.30	26.95	33.30	38.94	52.5	80
79	8.49		13.25	13.0	45.08	44.8	3:10.18	18.55	18.3	54.08	53.9		5.21	9.80	27.15	26.80	33.10	38.75	52.0	79
78	8.47		13.29		45.28	45.0	3:10.82	18.61		54.21	54.0	1.52	5.18	9.75	27.00	26.60	32.95	38.56	51.5	78
77	8.50		13.33	13.1	45.48	45.2	3:11.46	18.67	18.4	54.34	54.1	1.51	5.15	9.70	26.85	26.45	32.80	38.37	51.0	77
76	8.53	8.3	13.37		45.68	45.4	3:12.10	18.72	18.5	54.47	54.3		5.12	9.65	26.70	26.30	32.60	38.18	50.5	76

Pkt	60 m	60 R	100 m	100R	300m	300R	1000m	110Pl (100 cm)	110R	4x100	4x100 R	skok wzwyż	skok w dal	kula (5 kg)	dysk (1 kg)	dysk (1.5 kg)	oszczep (600 g)	oszczep (700 g)	piłka palant.	Pkt
75	8.56		13.41		45.88	45.6	3:12.74	18.78		54.60	54.4	1.50	5.09	9.60	26.55	26.15	32.45	37.95	50.0	75
74	8.58		13.45	13.2	46.08	45.8	3:13.38	18.84	18.6	54.73	54.5	1.49	5.06	9.55	26.40	26.00	32.30	37.74	49.5	74
73	8.61		13.49		46.28	46.0	3:14.02	18.90		54.86	54.7		5.03	9.50	26.25	25.80	32.10	37.53	49.0	73
72	8.64	8.4	13.53	13.3	46.48	46.2	3:14.66	18.95	18.7	54.99	54.8	1.48	5.00	9.45	26.10	25.65	31.95	37.32	48.5	72
71	8.67		13.57		46.68	46.4	3:15.30	19.01	18.8	55.13	54.9	1.47	4.97	9.40	25.95	25.50	31.80	37.11	48.0	71
70	8.69		13.61		46.88	46.6	3:15.94	19.07		55.27	55.1		4.94	9.35	25.80	25.35	31.60	36.90	47.5	70
69	8.72		13.65	13.4	47.08	46.8	3:16.73	19.13	18.9	55.40	55.2	1.46	4.91	9.30	25.65	25.20	31.45	36.69	47.0	69
68	8.75	8.5	13.69		47.28	47.0	3:17.53	19.19		55.53	55.3	1.45	4.88	9.25	25.50	25.05	31.30	36.48	46.5	68
67	8.78		13.73	13.5	47.48	47.2	3:18.33	19.25	19.0	55.66	55.5		4.85	9.20	25.35	24.90	31.10	36.27	46.0	67
66	8.81		13.77		47.68	47.4	3:19.13	19.30	19.1	55.80	55.6	1.44	4.82	9.15	25.20	24.75	30.95	36.06	45.5	66
65	8.84	8.6	13.81		47.90	47.6	3:19.93	19.36		55.94	55.7	1.43	4.79	9.10	25.05	24.60	30.80	35.85	45.0	65
64	8.87		13.85	13.6	48.15	47.9	3:20.73	19.42	19.2	56.09	55.9		4.76	9.05	24.90	24.45	30.60	35.65	44.5	64
63	8.90		13.89		48.40	48.2	3:21.53	19.48		56.24	56.0	1.42	4.73	9.00	24.75	24.30	30.45	35.44	44.0	63
62	8.93		13.93	13.7	48.65	48.4	3:22.33	19.54	19.3	56.39	56.2	1.41	4.70	8.95	24.60	24.15	30.30	35.23	43.5	62
61	8.96	8.7	13.97		48.90	48.7	3:23.13	19.60	19.4	56.54	56.3		4.67	8.90	24.45	24.00	30.15	35.02	43.0	61
60	8.98		14.01		49.15	48.9	3:23.93	19.66		56.69	56.5	1.40	4.64	8.85	24.30	23.85	30.00	34.82	42.5	60
59	9.01		14.05	13.8	49.40	49.2	3:24.73	19.72	19.5	56.84	56.6	1.39	4.61	8.80	24.15	23.70	29.80	34.61	42.0	59
58	9.04	8.8	14.09		49.65	49.4	3:25.53	19.78		56.99	56.8		4.58	8.75	24.00	23.55	29.60	34.40	41.5	58
57	9.07		14.13	13.9	49.90	49.7	3:26.33	19.84	19.6	57.15	56.9	1.38	4.55	8.70	23.85	23.40	29.40	34.19	41.0	57
56	9.10		14.17		50.15	49.9	3:27.13	19.90	19.7	57.31	57.1	1.37	4.52	8.65	23.70	23.25	29.20	33.98	40.5	56
55	9.12		14.21		50.40	50.2	3:27.93	19.96		57.47	57.3		4.49	8.60	23.55	23.10	29.00	33.76	40.0	55
54	9.15	8.9	14.25	14.0	50.65	50.4	3:28.73	20.03	19.8	57.63	57.4	1.36	4.46	8.55	23.40	22.95	28.80	33.54	39.5	54
53	9.18		14.29		50.90	50.7	3:29.53	20.10	19.9	57.79	57.6	1.35	4.43	8.50	23.25	22.80	28.60	33.32	39.0	53
52	9.21		14.33	14.1	51.15	50.9	3:30.33	20.17		57.95	57.7		4.40	8.45	23.10	22.65	28.40	33.10	38.5	52
51	9.24	9.0	14.37		51.40	51.2	3:31.13	20.24	20.0	58.10	57.9	1.34	4.37	8.40	22.95	22.50	28.15	32.88	38.0	51
50	9.26		14.41		51.65	51.4	3:31.93	20.31	20.1	58.25	58.0	1.33	4.34	8.35	22.80	22.35	27.90	32.65	37.5	50
49	9.29		14.45	14.2	51.90	51.7	3:32.73	20.38		58.40	58.2	1.32	4.31	8.30	22.65	22.20	27.65	32.42	37.0	49
48	9.32		14.49		52.15	51.9	3:33.53	20.45	20.2	58.55	58.3		4.28	8.25	22.50	22.05	27.40	32.19	36.5	48
47	9.35	9.1	14.53	14.3	52.40	52.2	3:34.33	20.52	20.3	58.70	58.5	1.31	4.25	8.20	22.35	21.90	27.15	31.96	36.0	47
46	9.38		14.57		52.65	52.4	3:35.13	20.59	20.4	58.85	58.6	1.30	4.22	8.15	22.20	21.75	26.90	31.72	35.5	46
45	9.40		14.61		52.90	52.7	3:35.93	20.66		59.00	58.8	1.29	4.19	8.10	22.05	21.60	26.65	31.48	35.0	45
44	9.43	9.2	14.65	14.4	53.15	52.9	3:36.73	20.73	20.5	59.16	58.9		4.16	8.05	21.90	21.45	26.40	31.24	34.5	44
43	9.46		14.69		53.40	53.2	3:37.53	20.80	20.6	59.32	59.1	1.28	4.13	8.00	21.75	21.30	26.15	31.00	34.0	43
42	9.50		14.73	14.5	53.65	53.4	3:38.33	20.87		59.48	59.3	1.27	4.10	7.95	21.60	21.15	25.90	30.76	33.5	42
41	9.54	9.3	14.77		53.90	53.7	3:39.13	20.94	20.7	59.64	59.4	1.26	4.07	7.90	21.45	21.00	25.65	30.51	33.0	41
40	9.58		14.81		54.15	53.9	3:39.93	21.00	20.8	59.80	59.6	1.25	4.04	7.85	21.30	20.80	25.40	30.26	32.5	40
39	9.62		14.85	14.6	54.40	54.2	3:40.74	21.06		59.96	59.8		4.01	7.80	21.15	20.65	25.15	30.01	32.0	39
38	9.64	9.4	14.90		54.65	54.4	3:41.55	21.12	20.9	60.12	59.9	1.24	3.98	7.75	21.00	20.50	24.90	29.76	31.5	38
37	9.68		14.95	14.7	54.90	54.7	3:42.36	21.18		60.28	60.1	1.23	3.95	7.70	20.85	20.30	24.65	29.50	31.0	37
36	9.72		15.00		55.15	54.9	3:43.17	21.25	21.0	60.45	60.2	1.22	3.92	7.65	20.70	20.15	24.40	29.24	30.5	36
35	9.76	9.5	15.05	14.8	55.40	55.2	3:44.17	21.32	21.1	60.62	60.4	1.21	3.89	7.60	20.55	20.00	24.10	28.98	30.0	35
34	9.80		15.10		55.70	55.4	3:45.17	21.40	21.2	60.82	60.6		3.86	7.55	20.40	19.80	23.80	28.71	29.5	34
33	9.84	9.6	15.15	14.9	56.00	55.8	3:46.17	21.48	21.3	61.13	60.9	1.20	3.83	7.50	20.20	19.65	23.50	28.44	29.0	33
32	9.88		15.20		56.30	56.1	3:47.17	21.57		61.34	61.1	1.19	3.80	7.45	20.00	19.50	23.20	28.17	28.5	32

Pkt	60 m	60 R	100 m	100R	300m	300R	1000m	110Pl (100 cm)	110R	4x100	4x100 R	skok wzwyż	skok w dal	kula (5 kg)	dysk (1 kg)	dysk (1.5 kg)	oszczep (600 g)	oszczep (700 g)	piłka palant.	Pkt
31	9.92		15.25	15.0	56.60	56.4	3:48.17	21.66	21.4	61.55	61.3	1.18	3.77	7.40	19.80	19.35	22.90	27.90	28.0	31
30	9.96	9.7	15.30		56.90	59.7	3:49.17	21.75	21.5	61.76	61.5	1.17	3.75	7.35	19.60	19.20	22.60	27.62	27.5	30
29	10.00		15.35	15.1	57.20	57.0	3:50.17	21.84	21.6	61.97	61.8	1.16	3.72	7.30	19.40	19.00	22.30	27.34	27.0	29
28	10.04	9.8	15.40		57.50	57.3	3:51.17	21.93	21.7	62.18	62.0	1.15	3.69	7.25	19.20	18.80	22.00	27.06	26.5	28
27	10.07		15.45	15.2	57.80	57.6	3:52.17	22.02	21.8	62.39	62.2		3.66	7.20	19.00	18.60	21.70	26.78	26.0	27
26	10.10		15.50		58.10	57.9	3:53.17	22.11	21.9	62.60	62.4	1.14	3.63	7.15	18.80	18.40	21.40	26.50	25.5	26
25	10.15	9.9	15.55	15.3	58.40	58.2	3:54.17	22.20	22.0	62.81	62.6	1.13	3.60	7.10	18.60	18.20	21.10	26.20	25.0	25
24	10.20		15.60		58.70	58.5	3:55.17	22.29	22.1	63.02	62.8	1.12	3.57	7.05	18.40	17.95	20.80	25.90	24.5	24
23	10.25	10.0	15.65	15.4	59.00	58.8	3:56.17	22.38	22.2	63.23	63.0	1.11	3.53	7.00	18.20	17.70	20.50	25.60	24.0	23
22	10.30		15.70		59.30	59.1	3:57.17	22.47	22.3	63.44	63.2	1.10	3.49	6.90	17.95	17.45	20.20	25.25	23.5	22
21	10.35	10.1	15.75	15.5	59.60	59.4	3:58.17	22.56		63.65	63.4	1.09	3.45	6.80	17.70	17.20	19.90	24.90	23.0	21
20	10.40		15.80		59.95	59.7	3:59.17	22.65	22.4	63.86	63.7	1.08	3.41	6.70	17.45	16.95	19.60	24.60	22.5	20
19	10.45	10.2	15.85	15.6	60.30	60.1	4:00.17	22.74	22.5	64.07	63.9	1.07	3.37	6.60	17.20	16.70	19.30	24.25	22.0	19
18	10.50		15.90		60.65	60.4	4:01.17	22.83	22.6	64.28	64.1	1.06	3.33	6.50	16.90	16.45	19.00	23.90	21.5	18
17	10.55	10.3	15.95	15.7	61.00	60.8	4:02.18	22.92	22.7	64.49	64.3	1.05	3.29	6.40	16.60	16.20	18.70	23.55	21.0	17
16	10.60		16.00	15.8	61.35	61.1	4:03.19	23.01	22.8	64.70	64.5	1.04	3.25	6.30	16.30	15.95	18.40	23.20	20.5	16
15	10.65	10.4	16.10	15.9	61.70	61.5	4:04.19	23.10	22.9	64.91	64.7	1.03	3.21	6.20	16.00	15.70	18.10	22.85	20.0	15
14	10.70		16.20	16.0	62.10	61.9	4:05.20	23.19	23.0	65.11	64.9	1.02	3.17	6.10	15.70	15.40	17.80	22.50	19.5	14
13	10.75	10.5	16.30	16.1	62.50	62.3	4:06.21	23.28	23.1	65.31	65.1	1.01	3.12	6.00	15.40	15.10	17.50	22.15	19.0	13
12	10.80		16.40	16.2	62.90	62.7	4:08.31	23.45	23.2	65.70	65.5	1.00	3.07	5.90	15.05	14.80	17.20	21.80	18.5	12
11	10.85	10.6	16.50	16.3	63.40	63.2	4:10.41	23.62	23.4	66.09	65.9	0.99	3.02	5.80	14.70	14.50	16.90	21.40	18.0	11
10	10.90		16.60	16.4	63.90	63.7	4:12.51	23.79	23.6	66.48	66.3	0.98	2.97	5.70	14.35	14.15	16.60	21.00	17.5	10
9	10.95	10.7	16.70	16.5	64.40	64.2	4:14.61	23.96	23.8	66.87	66.7	0.97	2.90	5.60	14.00	13.80	16.20	20.60	17.0	9
8	11.00		16.80	16.6	64.90	64.7	4:16.71	24.13	23.9	67.26	67.1	0.95	2.83	5.50	13.65	13.45	15.80	20.20	16.5	8
7	11.05	10.8	16.90	16.7	65.50	65.3	4:18.81	24.30	24.1	67.65	67.4	0.93	2.76	5.40	13.30	13.10	15.30	19.70	16.0	7
6	11.10		17.00	16.8	66.10	65.9	4:20.91	24.47	24.3	68.04	67.8	0.91	2.68	5.30	12.90	12.70	14.80	19.20	15.5	6
5	11.15	10.9	17.10	16.9	66.75	66.5	4:22.01	24.64	24.4	68.43	68.2	0.89	2.60	5.15	12.50	12.30	14.20	18.60	15.0	5
4	11.20	11.0	17.20	17.0	67.45	67.2	4:24.11	24.81	24.6	68.82	68.6	0.87	2.50	5.00	12.10	11.90	13.60	18.00	14.5	4
3	11.30	11.1	17.30	17.1	68.20	68.0	4:25.81	24.98	24.8	69.21	69.0	0.85	2.40	4.85	11.60	11.40	12.80	17.20	14.0	3
2	11.45	11.2	17.50	17.3	68.95	68.7	4:27.51	25.12	24.9	69.60	69.4	0.83	2.25	4.70	11.00	10.80	11.80	16.20	13.5	2
1	11.60	11.4	17.75	17.4	69.75	69.5	4:29.25	25.25	25.0	70.00	69.8	0.80	2.10	4.50	10.20	10.00	10.80	15.20	13.0	1